



ST THOMAS
MAR THOMA CHURCH, NY
34 MORRIS STREET YONKERS, NY 10705



★ H A P P Y ★

*Labor
Day*

Sept

2026

Vicar: Rev. Jubin Varghese [vicar@stmtcn.org]
Secretary: Mr. John Abraham [secretary@stmtcn.org]
Trustees: [stmtctrustees@yahoo.com]

NEWSLETTER VOL. XLVI NO. 9

Lectionary

Date	Lesson 1	Lesson 2	Epistle	Gospel
Sun, 6th, 2026	Proverbs 2: 1-12	1 Cor 1: 18-25	2 Peter 1: 3-11	St. Luke 5: 1-11
Mon, 7th, 2026	Exodus 36: 1-13	Acts 9: 36-43	James 5: 1-6	St. John 4: 34-38
Sun, 13th, 2026	Judges 4:1-10	Romans 16: 1-15	Acts 1: 12-14	St. John 12: 1-8
Sun, 20th, 2026	Joshua 14: 6-15	Phili 3: 12-16	Eph 6: 10-17	St. John 21: 18-23
Mon, 21st, 2026	Isaiah 4: 1-6	Rev 4: 4-11	I Thess 1:2-6	St. Matt 13: 44-52
Sun, 27th, 2026	Exodus 14: 10-25	Acts 27: 9-25	1 Peter 5: 6-11	St. Mark 4: 35-41

Important Days

Sun, Sept 6th, 2026	Education Sunday
	Education for Transformation of Life
	Fifteenth Sunday after Feast of Pentecost
Mon, Sept 7th, 2026	Labor Day (USA & Canada)
Sun, Sept 13th, 2026	Sevika Sangham Day
	Women who Trust God: Fearless and Faithful
	Sixteenth Sunday after the Feast of Pentecost
Sun, Sept 20th, 2026	Senior Citizen Sunday
	Productive Living: The Best is Yet to Come
	Seventeenth Sunday after the Feast of Pentecost
Mon, Sept 21st, 2026	St. Matthew's Day
Sun, Sept 27th, 2026	God's Unfailing Presence in Crises
	Eighteenth Sunday after the Feast of Pentecost
	Formation Day of the Church of South India (CSI)
	United in Service

Building Fund

The Building permit from the City is approved!!!

Work needs to start soon!!

Families who have not donated yet are requested to immediately
contribute \$1,100 towards Capital Improvement.

Please submit your contributions to the Trustees *via Check or*
Zelle to: stmtctrustees@yahoo.com

Worship Service Schedule

Date	Time	Worship
Sun, Sept 6 th	930 AM	English Holy Communion Service
Sun, Sept 13 th	9:00 AM	English Holy Communion Service Sevika Sangham Sunday
Sun, Sept 20 th	9:00 AM	Malayalam Holy Communion Service Senior Citizens Sunday
Sun, Sept 27 th	9:30 AM	Malayalam Holy Communion Service

Area Prayer

Area	Date & Time	Location
Upper Westchester/CT	Saturday Sept 12th, 06:30 PM	Via Zoom Zoom Meeting ID: 810 727 9153 Passcode: 494439
Yonkers East (Central Ave)	Saturday Sept, 19th 06:30 PM	Mr. Varghese Jacob 28 Montclair Road, Yonkers, NY (914) 968-3569
Rockland	Sunday Sept, 20th 06:30 PM	Mr. Aju Daniel 72 Old Middletown Rd, Yonkers, NY (914) 255-8478

Parish Convention

Dates: Oct 23rd, 24th & 25th
Main Speaker: Dr. Sam Samuel
Venue: St. Thomas MTC, NY



Parish RETREAT!

Dates: Oct 29th, 30th & 31st
VENUE: Blue Mountain
 Christian Retreat & Conf. Center, PA
Cost: \$275 per Adult,
 \$210 for Children 13 to 17,
 \$145 for 12 and below.

Vicar's Message



My Dear St. Thomas Family,

Greetings to you all in the precious name of our Lord and Savior Jesus Christ.

As we enter the month of September, I thank God for His abundant blessings and unfailing mercy throughout the past month. His faithfulness has been evident in every step of our parish life, and we give Him all the glory.

I am truly grateful that our **Parish Picnic** was a wonderful success. It was a joyful day of fellowship, laughter, and togetherness. My sincere thanks to everyone who attended and to all those who worked tirelessly behind the scenes to make the day memorable. Your dedication and spirit of service are a blessing to our church family.

Our trip to Lancaster to watch the “**Joshua**” show was another unforgettable experience. It was spiritually enriching and gave us a wonderful opportunity to travel, worship, and grow together in Christian fellowship.

I also thank God for the **Senior Citizens' Picnic**, where our senior members enjoyed a beautiful day of friendship, encouragement, and joyful fellowship. Their faith and commitment continue to inspire our entire parish family.

September is an important month for many families as schools and colleges reopen. Our **Sunday School** classes will also begin again. Let us remember all our children, youth, teachers, and parents in our daily prayers, asking God to grant them wisdom, protection, and spiritual growth. We will observe **Education Sunday on September 6**, praying especially for all those involved in education.

On **September 7**, our parish will organize a **Labor Day Community Barbecue**. This is a wonderful opportunity to welcome our neighbors, build friendships, and share Christ's love with our community. I encourage everyone to participate and support this outreach ministry.

Our **Onam Celebration** will be held on **Sunday, September 13**, organized by the **Yuvajana Sakhyam**. Let us come together as one family to celebrate our rich heritage with gratitude and joy.

We will also celebrate **Sevika Sangham Day on September 13** and **Senior Citizens' Sunday on September 20**. We thank God for the faithful ministry of our women and senior members, whose prayers, service, and witness continue to strengthen our church.

Finally, I thank God for each one of you. Your prayers, love, commitment, and faithful participation make our parish a vibrant family in Christ. Let us continue to walk together in faith, serve one another with humility, and shine as the light of Christ in our community.

May our gracious Lord bless you and your families with good health, wisdom, peace, and abundant joy. May His love guide you throughout this month.

With gratitude and prayers,

Jubin Achen

Youth Chaplain's Corner

In the name of the Father, Son and Holy Spirit — One True God!

Dearly beloved in Christ,

I recently returned from a short trip to Portugal, where I had the honor of officiating a wedding, and one moment that has especially stayed with me happened around a table.

On my last night in Portugal, I was standing alone in line for a quick dinner before heading back to the hotel when a group I had met earlier noticed me again and invited me to join them for tapas. And to be honest, there is something about tapas that naturally draws people in. Small plates arrive one after another, hands reach across the table, food is passed around, and without even trying, stories begin to start. One after another. Somewhere between the food, laughter, and conversation, people from different parts of the world who had only just met began to feel like friends rather than strangers.

That experience reminded me of something very simple: sharing a meal brings people together.

That may be why meals have always carried a meaning that goes beyond the food itself. Around a table we make room for one another. We listen, we share, we laugh, and relationships begin to form. Perhaps that is also one reason meals have such an important place in our faith and in the life of our community.

GATHERED AROUND A TABLE

When we think about it that way, one of the most important things that happens in our Church Sunday after Sunday takes on an even deeper meaning: the celebration of Holy Communion. We know the Holy Qurbana as a sacrament and a holy mystery. Yet within this mystery is something wonderfully simple: Christ gathers us around His Table.

We see this from the earliest days of the Church. In Acts 2, the faith of the early believers was not lived in isolation. They prayed together, shared what they had, broke bread, and became a community centered in Christ. Their fellowship was not simply about occupying the same space. Their life together was part of what it meant to belong to Christ.

But as beautiful as that picture is, Acts also makes clear that living in fellowship was not always easy. In Acts 10-11, Peter and the early Church are challenged to move beyond boundaries that had once seemed immovable. God was teaching His Church that following Christ would also mean changing how they saw and received one another, as the fellowship Christ was creating required them to make room for people they had not expected.

And if we are honest, we are still learning that lesson...

It is one thing to gather around a table when friendship comes easily. It is another thing altogether when there has been hurt, disagreement, or division.

What happens to fellowship then? Can a table still bring people together when something has already pulled them apart?

WHEN A MEAL BECOMES RECONCILIATION

There is a traditional practice among the Maasai



Continued on page 6 ...

....Continued from Page 5 people that offers a beautiful picture of this.

When two families have been divided by a serious offence, both prepare food and, accompanied by community members, bring it to the village center. There the food is exchanged and eaten together as part of their reconciliation. The shared meal marks the possibility of a new beginning in their relationship. And that brings me back to what happened in Portugal, but now from another direction. Around one table, strangers became friends. Among the Maasai, a shared meal can help those who have been divided begin again. And every Sunday, we too are invited to a Table.

But this Table belongs to Christ.

We do not approach it as isolated individuals. We come carrying our joys and burdens, our relationships and disagreements, and sometimes wounds that have been with us for years. Beside us are many whose lives may be very different from our own, yet Christ brings us together as His people. That means our communion with Christ must say something about how we live with one another.

There may be someone I need to forgive. There may be someone from whom I need to ask forgiveness. There may even be someone I have kept at a distance for so long that I have become comfortable with the distance. And perhaps that is where the Lord's Table begins to challenge us. It does not allow us to become too comfortable with the things that keep us apart.

FROM THE ALTAR INTO OUR LIVES

Because what happens at the altar is never meant to remain only at the altar. The peace we receive is meant to leave the Church with us. The same is true of the mercy and grace God has shown us. Little by little, these gifts should begin to shape the way we speak, forgive, welcome, and live with one another. This is where Holy Communion becomes more than something we receive on Sunday. It begins to shape the people we are becoming throughout the rest of the week.

So, as we approach the Holy Qurbana, Sunday after Sunday, the question is simple: If Christ has brought us together around His Table, what should that change about how I live with the people around me?

St. Paul puts it beautifully, "Because there is one bread, we who are many are one body, for we all partake of the one bread."-1 Corinthians 10:17 21 There is one Bread, one Body, and a place at Christ's Table where we are reminded that we belong not only to Him, but also to one another.

May God help us to approach Holy Communion more meaningfully each Sunday, with gratitude, humility, reconciliation, and love. And may the communion we receive at His Table become the communion we learn to live with one another beyond it.

God bless us,

J. Varghese Achen

(516) 532-6115

Youth Fellowship - Labor Day BBQ on sept 7th

Young Families Fellowship - TBA

Yuvajana Sakhyam Fellowship - TBA

Sevika Sangham & Edavaka Mission

Date & Time	Location
Friday Sept 4th, 10:00 AM	Church
Friday Sept 18th, 10:00 AM	Church
Friday Sept, 25th, 10:00 AM	Church

Sevika Sangham

Farmers Market Sunday Sept 6th After service At Church	Sevika Sangham Retreat Friday Sept 11th 10:00 AM At Church
---	---

Yuvajana Sakhyam

TBD	Meeting	TBD
-----	---------	-----

Senior Citizens Fellowship

Date	Location
Thursday Sept, 3rd, 06:30 PM	Via Zoom Zoom Meeting ID: 810 727 9153 Passcode: 494439
Thursday Sept 17th, 10:00 AM	Mr. John K. Abraham 32 Eckerson Lane, Spring Valley, NY (845) 426-2327

Sunday School - Important Dates

- ◆ Sept 6th : Students & Teachers Dedication & Offertory.
- ◆ Sept 6th: Sunday School Anniversary
- ◆ North East Sunday School Talent Fest on Sept 26th at St. Thomas MTC, starting at 9:00 AM

Sunday School Starts at 11:30 in Sanctuary after English Services
 Sunday School starts at 11:30 in Basement during Malayalam Services

Sept Birthday

Bronx/Yonkers South/West

Jazlynn Mary	755 Delano Rd	3
Mrs. Milita Alice Sumitra	655 East 228 St, Apt #4F	13
Mr. Raju Varghese	133 Van Cortland Pk. Ave.	17
Mr. Joby K. Chacko	68 Linn Avenue	18
Mrs. Santhamma George	396 Beleuve Ave	18
Mr. Thomas P. John	46 Leroy Avenue	19
Mr. Anson Joseph	30 Post Street. Apt 5G	19
Mr. Mathew David	14 Sunset Dr	22
Mr. Idiculla Daniel	245 Rumsey Road, Apt #6G	30

Manhattan/New Jersey

Mr. Alexander Philip Thomas	40 Haggerty Drive	5
Ms. Sara Mary Koshy	33 Third Avenue	15
Mr. Simon Ninan	829 Derius Drive	20
Mr. Ryan Patrick Curran	39 Hickory Hill Ct	29
Mrs. Sara Mathews	10 Freeman St	29

Queens/Long Island

Mr. Alen Abraham	1421 Alpha Street	9
Mrs. Silgi Varghese	17 Wendell St	15

Rockland

Ms. Sheryl Merrin Johnson	5 Sandhauge Drive	1
Mrs. Aleyamma Thomas	248 Betsy Ross Dr	4
Ms. Angela Cherian	3 Stern Place	10
Mr. Nevin Binu	22 Old Brick Road	11
Mrs. Annamma Thomas	26 N De Baun Ave Unit 308	12
Mr. Victor Isaiah Chacko	51 Alexander Drive	13
Mr. Vinay Chacko Joseph	9 Spray Court	14
Mrs. Annie Varughese	3 Blithe Ct.	15
Mr. Domy Philip	29 North Park Terrace	20
Mr. Joel J. Oommen	892 Route 9W	25
Ms. Rebecca Abigail Kurian	29 Rosewood Drive	29
Mr. P. T. Thomas	10 Carbery Court	29

Upper Westchester/CT

Mrs. Leelamma Kuruvilla	5 Overhill Road	3
Mr. Johnson S. Parayil	232 Carol Avenue	3
Mrs. Jimmy Parie	5 Overhill Road	4
Mrs. Susy A. Mathew	6 Glen Avenue	5
Mr. Christin K Mathews	18 Bradhurst Ave	7
Mrs. Annamma Kochumman	288 Fisher Ave	11

Sept Birthday

Annie Binoy	288 Fisher Ave	15
Mr. Babu Kurian	1822 Morris Lane	18
Mr. Nathaniel Thomas	1 Walnut Ave	21
Mrs. Chachy J. Parayil	232 Carol Avenue	22
Mrs. Juhi George	111 Centre Ave Apt 725	24
Mrs. Aleyamma E. Chacko	16 Vincent St	28
Mrs. Timble M. Mathew	135 Linn Ave	28

Yonkers East

Mrs. Jane Josen	189 Round Hill Drive	7
Ms. Keria Rosalie Varghese	108 Cook Ave	9
Mrs. Laura Beth Fitzsimmons	108 Cook Ave	17
Mrs. Sofi George	55 Patton Drive	18
Mr. Ashin Eapen Shaji	70 Juana Street	19
Mr. Thomas V. Varghese	1055 Dobbs Ferry Rd.	23
Mr. Alan George Daniel	29 Woodrow Dr.	24
Mr. Jayden Jacob George	55 Patton Drive	27
Ms. Ashley Madathil	23 Linda Lane	30

Yonkers North

Mr. Samuel K. Samuel	63 Price Street	2
Mrs. Mariamma C Thomas	385 Prescott Street	8
Mr. Thomas Mathew	65 Curtis Lane	12
Mr. Varghese M. Yohannan	10 Hudson view Drive	13
Mr. Chacko Arun Andrews	17 Argyle Terrace	14
Mrs. Sarah Mathew	194 Osmun Place	14
Mr. Jonathan V. Mathew	2 Nassau Rd Apt 1	16
Mr. Johann V. Mathew	2 Nassau Rd Apt 1	16
Mr. Robin George	36 Lawrence Dr, Apt B	17
Ms. Hannah Easow	55 Old Mill Rd	22

Sept Wedding Anniversary

Bronx/Yonkers South/West

Mr. Saji Jacob & Mrs. Susan Jacob	7
245 Rumsey Road apt 2L	
Mr. Samuel George & Mrs. Sosamma Samuel	8
26 Post Street Apt. 4A	
Mr. Mathew David & Mrs. Mariamma Mathew	11
14 Sunset Dr	
Mr. Thomas Chacko & Mrs. Marykutty Chacko	26
181 Devoe Avenue	

Sept Wedding Anniversary

Manhattan/New Jersey

Mr. Johnson Varghese & Mrs. Jasmine Varghese 6
1758 W 5th St

Queens/Long Island

Mr. Benjie Varghese & Mrs. Silgi Varghese 1
17 Wendell St

Rockland

Mr. Richard James Kalita & Mrs. Sophia Varghese 2
6 Walnut Ct

Mr. Sanjo Shyam & Mrs. Sherin Elza Raju 11
21 Tamar Dr

Mr. Jacob Oommen & Mrs. Lali Jacob Oommen 17
892 Route 9W

Mr. Sony Mathew Jacob & Ms. Lincy Marie Jacob 19
306 Quidor Court

Mr. Joseph Koshy & Mrs. Susamma Koshy 20
86 Susan Drive

Mr. Monzy Daniel & Mrs. Annie Monzy 22
10 Edison Court, Apt G, BLDG 1

Mr. Sujin Samuel & Mrs. Liya S. Samuel 29
5 Spruce Drive

Upper Westchester/CT

Mr. Saji Kochumman & Mrs. Reni Saji 3
288 Fisher Ave

Mr. Bejoy Chacko & Mrs. Elizabeth Chacko 4
52 High Street

Mr. John C. Thomas & Mrs. Shuba Thomas 23
90 Mayfair Road

Yonkers East

Mr. Varghese Jacob & Mrs. Mini Jacob 19
28 Montclair Road

Mr. Abey Varughese & Mrs. Mini Aby Varughese 30
2210 Central Park Ave. #2

Yonkers North

Mr. Samuel K. Samuel & Mrs. Mary Samuel 8
63 Price Street

Mr. Mathew V. Zacharia & Mrs. Elizabeth R. Zacharia 13
11 Lake View Ave,



MALANKARA MAR THOMA SYRIAN CHURCH
DIOCESE OF NORTH AMERICA SUNDAY SCHOOL

Topic: **TEACHER
TRAINING**
Workshop



Speaker:

Rev. Sajesh Mathews

General Secretary

Mar Thoma Sunday School Samajam



Sunday

6 SEPTEMBER, 2026



TIME

7:30 PM - 9:00 PM EST



[Click here for link to Registration](#)

[Click Here for link to Zoom Meeting](#)

Registration



Zoom
Meeting



Condolences:

Mr. Saji George, father of our member, Mr. Sandeep Abraham, was called to eternal rest on Aug 5th in Vadasserikkara, Kerala at the age of 68. Funeral services were held in Vadasserikkara on the 8th.

Mrs. Podiyamma George, sister of our member Mrs. Annamma Thannickal, was called to eternal rest on Aug 8th in Kerala, at the age of 92.

Our member Mr. Monylal Georgekutty, was called to eternal rest on Aug 24th in Karimpinpuzha, Kerala at the age of 72. Funeral services were held on Aug 28th in Kerala.

On Behalf of the parish, I express our sincere condolences. May the everlasting Grace and Peace of our Lord Jesus Christ bring comfort to the bereaving families during this difficult time.







ST. THOMAS MAR THOMA CHURCH, YONKERS

Labor Day

COMMUNITY BBQ

Come, Celebrate & Connect!

Good Food • Great Fellowship • Stronger Community



COMMUNITY BBQ LUNCH
Enjoy delicious food together



FUN GAMES
Games and activities for all ages



CRAFT PROJECTS
Creative fun for kids and families



MUSIC & MORE
Worship, music and more

FUN FOR ALL AGES!



CHURCH YOUTH FELLOWSHIP
Leading with Love, Serving with Joy



FAITH IN ACTION



PARISH MISSION (EDAVAKAMMISSION)
Reaching Out in Christ's Love, Bringing Hope to the World



BACK TO SCHOOL GIVEAWAY
Backpacks with school supplies for each child! (While supplies last.)



MONDAY SEPTEMBER 07, 2026
12:00 PM - 2:00 PM



ST. THOMAS MAR THOMA CHURCH
24 Morris Street, Yonkers, NY 10705

Let's make a difference together! ♥

Mark your calendars! Gather your loved ones and join us as we come together to empower our community and ensure every child is prepared for a successful school year.

WE DISTRIBUTE WHILE SUPPLIES LAST.



MAR THOMA NORTHEAST REGIONAL ACTIVITY COMMITTEE INC.
Diocese of North America of the Mar Thoma Church

Northeast Region

MAR THOMA CONVENTION

OCTOBER 09, 10, & 11



Rev. Dr. Abraham Mar Paulos Episcopo



Rev. Sam Koshy T.

Inauguration: Rt. Rev. Dr. Abraham Mar Paulos Episcopo

Main Speaker: Rev. Sam Koshy T.,
(Secretary, Chinnasa Sabha Parish (CSS), Thiruvalla, India)

Friday, October 09, 2026, at 7:00 PM
St. John's Mar Thoma Church, 90-37 213th St, Queens Village, NY 11428

Saturday, October 10, 2026, at 7:00 PM
St. Thomas Mar Thoma Church, 34, Morris Street, Yonkers, NY 10705

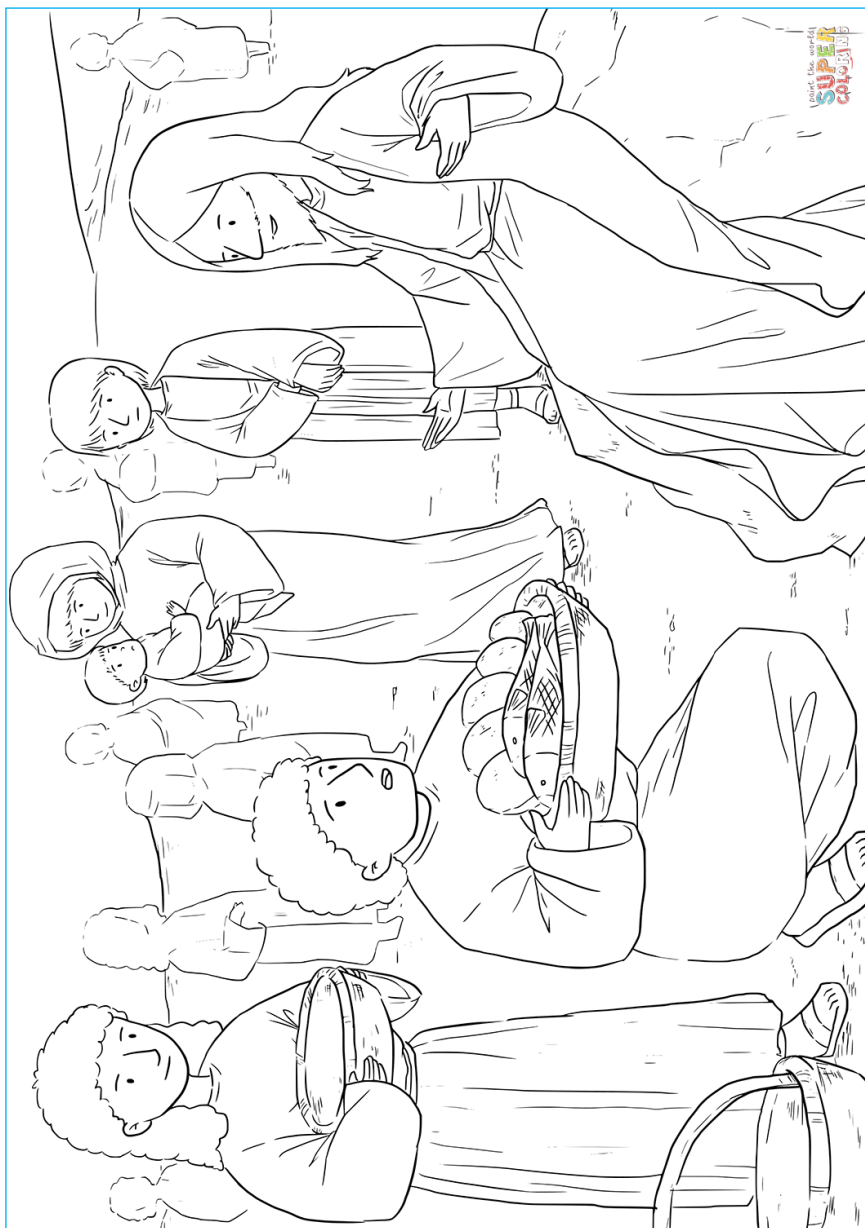
Sunday, October 11, 2026 At 9:30 AM
(Combined Holy Qurbana)
Mar Thoma Church of Staten Island, 134 Faber St, Staten Island, NY 10302

For information/press contact:
Rev. Rita P. Samuel: 516-580-9220
Gail Tamm: 845-282-2500

Jacob Chacko: 917-831-0918
Samuel R. Samuel: 314-498-9990

Epimen R. George: 718-753-4773
Thomas Jacob: 631-747-7862

September Coloring Activity for Kids (ages below 13)



You can print out this page and color the picture and you can submit it to the Vicar in person.

Age: _____ Name: _____

Address: _____

Executive Committee 2026

Position	Name	Home Phone
Vicar / President	Rev. Jubin Varghese	(914) 450-3162
Vice President	Mr. Thomas Oommen	(914) 552-6566
Secretary	Mr. John Abraham	(914) 772-8824
Treasurer	Mr. Ullas P. Thannickal	(845) 300-5810
Accountant	Mr. Sunil M. Varughese	(845) 598-3994
Lay Leader - Malayalam	Mr. Josen Joseph	(914) 907-1190
Lay Leader - English	Mr. Saju V. Mathew	(845) 671-1820

AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	<i>not elected</i>	
Queens/LI	Mr. T.P. Jacob	(516) 554-1809
Rockland	Mr. Varghese Oommen	(845) 300-8153
Rockland	Mr. Sabu Joseph	(914) 364-6241
Upper Westchester/CT	Dr. Geevarghese Kochumman	(914) 629-7341
Upper Westchester/CT	Mr. Thankachen Geevarghese	(914) 417-1273
Yonkers East	Mr. Jacob Vaidian	(917) 757-4077
Yonkers North	Mr. Cherian Varughese	(914) 316-2439
Yonkers West/South/Bronx	Mr. Thomas John	(914) 662-7535

MANDALAM & DIOCESAN REPRESENTATIVES

Sabha Mandalam	Mr. Biju P. Varughese	(845) 596-0537
Diocesan Representatives	Mr. P.T. Thomas	(845) 596-3030
	Mrs. Leena Daniel	(914) 441-8233

ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Danny Eapen	(914) 338-6708
Edavaka Mission	Mr. Thankachen Geevarghese	(914) 417-1273
Senior Citizen Fellowship	Mr. George M. Varkey	(845) 641-4754
Sevika Sangham	Mrs. Rachel Varghese	(914) 525-1178
Sunday School	Mr. Sajjan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 461-4421
Young Family Fellowship	Mr. John Abraham	(914) 772-8824
Yuvajana Sakhyam	Mr. Manoj T. Mathew	(914) 229-1433

AUDITORS

Mr. M.C. Chacko	(845) 300-1762
Mr. Sunil M. Thomas	(973) 985-2812



**FREE
FOOD!!**

**School
supplies!!**

**12-3PM
Monday, Sept 7th**

**34 Morris Street
Yonkers, NY 10705**

STMTCYF
**Labor
Day BBQ!**

**St Thomas Mar Thoma Church, NY
34 Morris Street
Yonkers, NY 10705**

STAMP!
THANK S FOR
PICKING UP
NEWSLETTERS.
YOU ARE
HELPING THE
CHURCH SAVE.
EVERY PENNY
COUNTS.